# SUNDAY, JANUARY 12 29th Sunday after Pentecost Afterfeast / Sunday After the Theophany Martyr Tatiana of Rome and those who suffered with her

TONE 4

"Lord I Call..." Tone 4

Lord, I call upon You, <u>hear</u> me! <u>Hear</u> me, O Lord! <u>Lord</u>, I call upon You, <u>hear</u> me! Receive the <u>voice</u> of my prayer, when I <u>call</u> upon You!// Hear me, O Lord!

Let my <u>prayer</u> arise in Your sight as <u>incense</u>, and <u>let</u> the lifting <u>up</u> of my hands be an evening <u>sac</u>rifice!// <u>Hear me</u>, O Lord!

V. (10) Bring my soul out of prison, that I may give thanks to Your Name!

# **Tone 4** (for the Resurrection)

We glorify Your Resurrection on the third day, O <u>Christ God</u>, by always honoring Your <u>life-creating Cross</u>; by <u>it</u>, You have renewed the corrupted <u>na</u>ture of man, O al<u>mighty One</u>.

By it, You have renewed our <u>en</u>trance to <u>hea</u>ven,// for You are good and the <u>Lov</u>er of man.

V. (9) The righteous will surround me, for You will deal bountifully with me.

You loosed the Tree's verdict of disobedience, O <u>Sav</u>ior, by being voluntarily nailed to the <u>tree</u> of the Cross. By de<u>scending</u> to hell, O al<u>mighty</u> God, You broke the <u>bonds</u> of death. Therefore, we adore Your Resurrection from the <u>dead</u>, <u>singing</u> in joy:// "Glory to You, O all powerful Lord!"

V. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!

You smashed the gates of <u>hell</u>, O Lord, and by Your death You demolished the <u>king</u>dom of death. You de<u>liv</u>ered the race of men from cor<u>rup</u>tion,// granting the world life, incorruption and great <u>mer</u>cy.

V. (7) Let Your ears be attentive to the voice of my supplications!

(Resurrection stichera by Anatolius)

Come, O people,

let us sing of the Savior's Resurrection on the third day!

By it, we have been freed from the unbreakable bonds of hell.

By it, we have received life and incor<u>rup</u>tion.

Save us by Your Resurrection!//

O Life-creating and almighty Savior, glory to You!

**V.** (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.

**Tone 8** (for the Feast) (Lord, though You stood)

O <u>sin</u>less Lord, even though You endured to be <u>bap</u>tized in the flesh, desiring to free the <u>world</u> from sin, we glorify You for we <u>know</u> that <u>You</u> are God.//
By being baptized, You have delivered our souls from <u>bond</u>age.

V. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.

When <u>You</u>, the incarnate Lord, arrived at the streams of the <u>Jor</u>dan to sanctify the water by Your glorious <u>bap</u>tism, You deigned to bow Your <u>head</u> before John, and to be baptized by a <u>ser</u>vant,// that You might <u>save</u> our souls.

**V.** (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!

De<u>sir</u>ing to save from de<u>cep</u>tion the world which You created, O Lord, You deigned to become incarnate of the Virgin who <u>knew</u> not <u>wed</u>lock. Loving mankind, You delivered Adam from cor<u>rup</u>tion, and, having been <u>bap</u>tized,//
You have given en<u>light</u>enment to our souls.

**V.** (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.

**Tone 2** (for Martyr Tatiana) (Joseph of Arimathea)

Richly illumined by the light of the <u>Spir</u>it, you spurned earthly riches, loving only those of <u>heaven</u>, and were in<u>vested</u> with the strength of the <u>mar</u>tyrs as you set yourself apart for immeasurable <u>suf</u>ferings. Therefore, having cast down the <u>enemy</u>,// you have plaited a wreath of victory, O all-glorious martyr.

V. (2) Praise the Lord, all nations! Praise Him, all peoples!

When you quenched the stench of the flesh and the <u>flame</u> of sin with the dew of the Holy Spirit Who worked with<u>in</u> you, you <u>tamed</u> the wild beasts in the midst of the a<u>re</u>na, as you courageously gave yourself over to sufferings, O <u>hon</u>ored one. Therefore, having cast down the <u>enemy</u>,// you have plaited a wreath of victory, O Tatiana, blessed of God.

**V.** (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.

Neither sword, nor fire, nor wounds, nor tribu<u>la</u>tions, nor starvation, nor any kind of <u>tor</u>ture, could <u>dull</u> your love and de<u>vo</u>tion to the Lord.

Seeking Him with a <u>heart</u> aflame, you spurned all visible things, O <u>mar</u>tyr, and you <u>made</u> your home in the midst of the divine bridal <u>cham</u>ber,//becoming the bride of the King of All.

Glory to the Father, and to the Son, and to the Holy Spirit;

# **Tone 5** *(for the Feast)*

Seeing <u>You</u>, the Creator, naked in the waters, asking to be <u>bap</u>tized, the whole created order was struck with con<u>fu</u>sion and fear.

The <u>Fore</u>runner was seized with trembling and dared not ap<u>proach</u> You. The sea <u>fled</u>, and the Jordan was <u>driv</u>en back.

The mountains skipped like lambs, be<u>hold</u>ing You.

The host of <u>Angels surrounding You cried</u> out:

"O <u>won</u>der! The Savior becomes <u>naked</u>//
in His desire to clothe, to <u>save</u>, and to re<u>store</u> mankind."

now and ever, and unto ages of ages. Amen.

### **Tone 4** (*Theotokion – Dogmatikon*)

The Prophet David was a <u>fa</u>ther of the Lord through you, O <u>Virgin</u>.

He fore<u>told</u> in songs the One Who worked <u>won</u>der in you:

"At Your right hand <u>stood</u> the Queen,"

Your Mother, the medi<u>atrix</u> of life,
since God was freely born of her without a <u>fa</u>ther.

He wanted to renew His fallen image, made corrupt in <u>passion</u>,
so He took the lost sheep up<u>on</u> His <u>shoul</u>der
and brought it to His <u>Fa</u>ther,
joining it to the <u>heav</u>enly pow'rs.//
Christ, Who has great and rich mercy, has saved the world, O Theotokos.

#### **Aposticha**

### **Tone 4** *(for the Resurrection)*

By ascending the <u>Cross</u>, O Lord, You have annulled our an<u>ces</u>tral curse. By de<u>scending</u> to hell, You have freed the eternal <u>pris</u>oners, granting incorruption to the <u>hu</u>man race.// Therefore in songs we glorify Your life-creating and saving Resur<u>rec</u>tion.

V. The Lord is King; He is robed in majesty!

By hanging upon the tree, O only <u>pow</u>erful Lord, You shook all of creation.

By being <u>laid</u> in the tomb You have raised those who <u>dwelt</u> in the tombs, granting life and incorruption to the <u>human race.//</u>

Therefore in songs we glorify Your rising on the <u>third</u> day.

**V**. For He has established the world, so that it shall never be moved.

The lawless <u>people</u>, O Christ, handed You over to Pilate, condemned to be <u>cru</u>cified, thus <u>prov</u>ing themselves ungrateful before their <u>Ben</u>efactor. But voluntarily You endured <u>bur</u>ial, rising by Your own power on the <u>third</u> day as God,// granting us life everlasting and great <u>mer</u>cy.

V. Holiness befits Your house, O Lord, forevermore!

With tears the women <u>reached</u> Your tomb, searching for You, but not <u>finding</u> You.
They <u>wept</u> with wailing and la<u>mented</u>:
"Woe to us! Our Savior, <u>King</u> of all,
<u>how</u> were You <u>sto</u>len?
What place can hold Your life-bearing <u>body</u>?"
An Angel re<u>plied</u> to them:
"Do not weep, but go and proclaim that the <u>Lord</u> is <u>ris</u>en,//granting us joy as the only com<u>pas</u>sionate One!"

Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

#### **Tone 6** *(for the Feast)*

Let us the faithful praise the greatness of God's <u>plan</u> for us. For He Who alone is <u>pure</u> and undefiled becomes a man because of our trans<u>gressions</u>. He is cleansed with our cleansing in the <u>Jor</u>dan, sanctifying both us and the <u>waters</u>, and crushing the heads of the dragons in the <u>water</u>. Therefore, let us draw water in <u>gladness</u>, for upon those who <u>draw</u> in faith the grace of the Spirit is invisibly bestowed by <u>Christ God</u>,//the Savior of our souls.

### (at Great Vespers)

# **Tone 4 Troparion** (*Resurrection*)

When the women disciples of the Lord learned from the angel the joyous message of Your Resur<u>rec</u>tion, they cast away the an<u>ces</u>tral curse and elatedly told the a<u>pos</u>tles:
"<u>Death</u> is overthrown!
Christ God is <u>risen</u>,//
granting the world great <u>mer</u>cy!"

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

### Tone 1 Troparion (Feast)

When You, O Lord, were baptized in the Jordan, the worship of the Trinity was made manifest. For the voice of the Father bore witness to You, and called You His beloved Son; and the Spirit in the form of a dove confirmed the truthfulness of His word. O Christ our God, You have revealed Yourself// and have enlightened the world, glory to You.

# (at the Divine Liturgy) Tone 4 Troparion (Resurrection)

When the women disciples of the Lord learned from the angel the joyous message of Your Resurrection, they cast away the ancestral curse and elatedly told the apostles:

"Death is overthrown!
Christ God is risen,//
granting the world great mercy!"

### Tone 1 Troparion (Feast) (See above)

### **Tone 4 Kontakion** (*Resurrection*)

My Savior and Re<u>deem</u>er as God rose from the tomb and delivered the <u>earth</u>-born from their chains. He has shattered the <u>gates</u> of hell, and as <u>Mas</u>ter,//
He has risen on the <u>third</u> day!

# Tone 4 Kontakion (Martyr Tatiana)

In your sufferings you shone <u>brightly</u> in the royal <u>purple</u> of your blood, and like a beautiful dove you flew to <u>heaven</u>, passion-bearer Tatiana.//
Therefore, always pray for those who <u>hon</u>or you!

### Tone 4 Kontakion (Feast)

Today You have shone forth to the <u>world</u>, O Lord, and the light of Your countenance has been <u>marked</u> on us. Knowing You, we sing Your <u>praises</u>: "You have come and re<u>vealed</u> Yourself,// O unap<u>proach</u>able Light."

### Tone 1 Prokeimenon (Sunday After)

Let Your mercy, O Lord, be upon us / as we have set our hope on You! (Ps. 32:22)

V. Rejoice in the Lord, O you righteous! Praise befits the just! (Ps. 32:1)

#### **Epistle**

(224-ctr) Ephesians 4:7-13 (Sunday After)

#### Tone 5

Alleluia, Alleluia!

- **V.** I will sing of Your mercies, O Lord, forever; with my mouth I will proclaim Your truth from generation to generation. (Ps. 88:1-2)
- **V.** For You have said: Mercy will be established forever; Thy truth will be prepared in the heavens. (Ps. 88:3)

# Gospel

(8) Matthew 4:12-17 (Sunday After)

(Instead of "It is truly meet...," we sing:)

Magnify, O my soul, the most pure Virgin Theotokos, more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos; even Angels are overcome with awe praising you. But since you are good, accept our faith; for you know our love inspired by God! You are the defender of Christians, and we magnify you.

### **Communion Hymn**

The grace of God has appeared for the salvation of all mankind. (*Titus* 2:11) Praise the Lord from the heavens, praise Him in the highest! (*Ps.* 148:1) Alleluia, Alleluia!