

APRIL 15

**Fifth Monday of Great Lent: Apostles of the Seventy: Aristarchus, Pudens, and Trophimus, Vespers (sung on Sunday)**

**"Lord I Call..." Tone 4**

Lord, I call upon You, hear me!  
Hear me, O Lord!  
Lord, I call upon You, hear me!  
Receive the voice of my prayer,  
when I call upon You!//  
Hear me, O Lord!

Let my prayer arise  
in Your sight as incense,  
and let the lifting up of my hands  
be an evening sacrifice!//  
Hear me, O Lord!

*v. (10) Bring my soul out of prison, that I may give thanks to Your Name!*

**Tone 4\***     *(Penitential stichera in the Tone of the week)*

Lord, I long to wash away with tears the record of all my sins,  
and to spend the remaining days of my life  
pleasing You through repentance,  
but the Enemy continually deceives me.  
He wages war against my soul.//  
Save me before I completely perish, O Lord!

*v. (9) The righteous will surround me, for You will deal bountifully with me.*

Who, when caught in a storm, if he runs to this haven is not saved?  
Or who that is sick, if he runs to this healing, is not made whole?  
O Creator of all and Physician of the sick,//  
Save me before I completely perish, O Lord!

*v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!*

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\* Music for the penitential stichera can be downloaded at <http://oca.org/liturgics/music-downloads/penitential-stichera>.

Wash me in my tears, O Savior,  
for I am defiled by many sins!  
Therefore I fall before You://  
I have sinned; have mercy on me, O God!

*v. (7) Let Your ears be attentive to the voice of my supplications!*

I, a sheep of Your rational flock,  
flee for refuge to You, the Good Shepherd.  
O God, I have gone astray;//  
seek me, and have mercy on me!

*v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.*

**Tone 3†**     *(from the Lenten Triodion, by Joseph)     (Great is the power)*

In this season of abstinence, O believers,  
let us exert every effort,  
that we may attain great glory, escaping the fire of hell,//  
by the mercy of God, the great King!

*v. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.*

Having passed the middle point of this holy Fast,  
let us clearly show forth the beginning of divine glory!  
Let us fervently hasten to the achievement of good behavior,//  
that we may receive the eternal joy!

*v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

**Tone 7**     *(from the Lenten Triodion, by Theodore)*

Having passed beyond the middle point of this holy Fast,  
let us strive to its end, rejoicing with steadfastness!  
Let us anoint ourselves with the oil of charity,  
that we may be worthy to adore the noble Passion of Christ our God,//  
and attain His most honored and holy Resurrection!

*v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.*

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† Music for the stichera from the Lenten Triodion can be downloaded at <http://oca.org/liturgics/music-downloads/lenten-triodion>.

**Tone 1**      *(from the Menaion, for the Apostles)*      *(O all-praised martyrs)*

By your preaching filled with divine understanding,  
you delivered the people from ignorance.  
O most wise Apostles,  
and you led them, saved, to the Word,  
Who shone forth from the unbegotten Father.//  
Entreat Him that He may grant our souls peace and great mercy!

*V. (2) Praise the Lord, all nations! Praise Him, all peoples!*

Let us openly praise the true preachers of Christ:  
Púdens, Aristárchus and the divine Trophímus,  
for with the warmth of divine grace  
they brought the winter of falsehood to an end.  
Now they have made their abode in the never fading Light,  
receiving the reward of their labors,//  
and are deified through ineffable communion.

*V. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.*

You followed Paul, the glorious disciple  
and endured many tribulations, O glorious ones,  
you were imprisoned with chains and subjected to torture,  
and finally you were beheaded by the sword.//  
Entreat Christ that He may grant our souls peace and great mercy!

*Glory to the Father, and to the Son, and to the Holy Spirit;  
now and ever, and unto ages of ages. Amen.*

**Tone 1**      *(Theotokion)*

Woe is me! What shall I do?  
I have defiled my mind, soul, and body with transgressions.  
What shall I do? How shall I escape the unbearable flame,  
and the unbreakable and everlasting bonds?//  
Yet grant me remission of my sins before the end, O most pure one!

**Tone 8**      **Great Prokeimenon**

Turn not away Your face from Your child, for I am afflicted: / hear me speedily,  
draw near unto my soul, and deliver it! *(Ps. 68:21-22a)*

*V. Let Your salvation, O God, uphold me! (Ps. 68:34b)*

*V. Let the poor see and be glad! (Ps. 68:37a)*

*V. Seek God, and your soul shall live! (Ps. 68:37b)*

## Aposticha

**Tone 7**     *Idiomelon*     *(from the Lenten Triodion)*

The Savior Who planted the vineyard and called the laborers is near indeed.  
Come, therefore, O workers in the Fast:  
let us receive our wages, for the Giver is rich and merciful!//  
Even if we have labored little we receive great mercy.

*V. I lift up mine eyes to You, enthroned in the heavens! Behold, as the eyes of servants look to the hand of their master, as the eyes of a maid to the hand of her mistress, so our eyes look to the Lord our God, till He have mercy upon us.  
(Ps 122:1-2)*

**Tone 6**     *Idiomelon*     *(from the Lenten Triodion, by Stephen)*

When Adam fell among the robbers of thought,  
he was robbed of his mind;  
his soul was wounded, and he was cast out naked and without any aid.  
The priest who came before the Law did not listen to him.  
The Levite who came after the Law had no compassion on him:  
only You, O God, Who came not from Samaria but from the Theotokos!//  
O Lord, glory to You!

*V. Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Too long our soul has been sated with the scorn of those who are at ease, the contempt of the proud. (Ps. 122:3-4)*

**Tone 6**     *(for the Martyrs)*

Your martyrs, O Lord,  
did not deny You,  
nor did they forsake Your commandments.//  
By their intercessions, have mercy on us!

*Glory to the Father, and to the Son, and to the Holy Spirit;  
now and ever, and unto ages of ages. Amen.*

**Tone 6**      *(from the Lenten Triodion)*

Like the Archangel, O believers,  
let us praise the heavenly Bridal Chamber and the well-sealed Gate!  
“Rejoice, O Lady,  
through whom sprang forth for us the Savior, Christ,  
the Life-giver and God of all!  
Undefiled hope of Christians, destroy with your own hands//  
the tyrants, our godless enemies!

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**Tone 8**      **The Lenten Troparia**

Rejoice, O Virgin Theotokos, Mary, full of grace: the Lord is with you.  
Blessed are you among women, and blessed is the Fruit of your womb//  
for you have borne the Savior of our souls.

Glory to the Father, and to the Son, and to the Holy Spirit,

O Baptiser of Christ, remember us all,  
that we may be delivered from our iniquities//  
for to you is given grace to intercede for us!

Now and ever, and unto ages of ages. Amen.

Intercede for us, O holy Apostles and all the saints,  
that we may be delivered from perils and sorrows//  
for we have acquired you as fervent intercessors before the Savior!

Beneath your compassion we take refuge, O Theotokos.  
Do not despise our supplications in adversity//  
but deliver us from perils, O only pure and only blessed one!

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*Prepared by the Department of Liturgical Music and Translations, Orthodox Church in America.*